

2021

CALENDAR YEAR

MARCH

CALENDAR MONTH

MONDAY

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
01 Artichoke Tart or Wild Rice and Jackfruit Patties Sautéed Green Beans Green Salad	02 Turkey with Apricots Quinoa Butter Peas Vegetable Soup	03 Chicken w/Apples Brown Rice Summer Squash Romaine Salad	04 Beef Burger or Baked Chicken Brown Rice Green Beans Zucchini Soup	05 Baked Trout Basmati Rice Asparagus Arugula Salad	06	07
08 Stuffed Peppers or Black bean & lentil burger Green Beans Arugula Salad	09 Turkey Coconut Curry Basmati Sugar Snap Peas Carrot Soup	10 Tarragon Chicken Quinoa Summer Squash Green Salad	11 Lemon soy Pork chops or lemon soy chicken Brown Rice butter peas Mushroom Soup	12 Tuna Burger or Miso Chicken Rice Cumin Carrots Pea and Radish Salad	13	14
15 Pasta W/ Pesto Glazed Carrots Arugula W/Avocados	16 Turkey Marbella Quinoa Summer Squash Pea Soup	17 Orange Glazed Chicken Brown Rice Sugar Snap Peas Mixed Green Salad	18 Beef Steak W/ Herbs or Chicken W/ Herbs Quinoa Sautéed Peas Carrot Soup	19 Sesame Cod or Sesame Chicken Basmati Asparagus Coleslaw	20	21
22 Hearty Mac & Cheese Cumin Carrots Mediterranean Salad	23 Turkey Meatloaf Rice Green Beans Mushroom Soup	24 Oaxacan Chicken Brown Rice Summer Squash Arugula Salad	25 Thai Pork Chops or Thai chicken thighs Rice Cumin Carrots Celery Soup	26 Poached Salmon or Chicken Basmati Asparagus Edamame, Tomato Salad	27	28
29 Artichoke Tart or Wild Rice and Jackfruit Patties Sautéed Green Beans Green Salad	30 Turkey with Apricots Quinoa Butter Peas Vegetable Soup	31 Chicken w/Sage Brown Rice Summer Squash Romaine Salad	01	02	03	04
05	06	07	08	09	10	11

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

All menus are subject to change due to seasonal availability, donations received or cost.