

KITCHEN ANGELS

COVID-19 Travel Attestation

April 15, 2021

The U.S. Centers for Disease Control & Prevention discourage all travel during the COVID-19 pandemic. Nevertheless, we recognize that many of our volunteers will be traveling. In an effort to ensure the continued safety of our staff, volunteers, and clients, if you have recently returned from traveling and wish to resume your volunteer activities at Kitchen Angels, please answer the following questions.

Name:	Phone:
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TRAVEL ATTESTATION			
	Date you returned from traveling		
		Yes	No
	Have you been fully vaccinated? <small>(Fully vaccinated means it has been two weeks since your second Moderna or Pfizer vaccination or your single Johnson & Johnson vaccination.)</small>		
	Have you experienced any COVID-19 related symptoms since your return?		
	<i>If you have not been fully vaccinated</i> , have you received a negative test result for COVID-19 within three to five days since your return <i>and</i> self-quarantined for seven days?		
	<i>If you have not been fully vaccinated and not been tested</i> , have you self-quarantined for at least ten days since your return?		

Signature _____

Date _____

-PLEASE NOTE-

For purposes of returning to volunteering, if you have experienced a COVID-19 infection and:

1. It has been more than ten days since you became symptomatic; ***and***
 2. Your symptoms have improved; ***and***
 3. You've not had a fever for at least 24 hours (without the use of fever-reducing medications);
- then you're no longer considered infectious.

People who were hospitalized due to their illness or who are on very strong immunosuppressive medications, however, need to wait 20 days since their onset of symptoms, instead of the recommended 10 days.