

2024

FEBRUARY

MONDAY

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EZD

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29	30	31	01	02	03	04
			Beef Meatloaf Oregano Chicken Brown Rice Sugar Snap Peas Pumpkin Soup	Baked Herb Salmon Baked Herb Chicken Basmati Rice Carrots & Peas Arugula w/Blueberries		
05	06	07	08	09	10	11
Turkey Coconut Curry Brown Rice Yellow Squash Lentil Soup	Pork Loin w/Apricots Chicken w/Apricots Quinoa Carrots Peas & Fennel Salad	Baked Tilapia Chicken Herbed Basmati Rice Green Beans Coleslaw	Tarragon Chicken Brown Rice Zucchini Creamy Celery Soup	Veggie Loaf w/Cheese Peas Beets & Carrot Salad		
12	13	14	15	16	17	18
Tuna Patty Turkey Patty Basmati Rice Yellow Squash Greens w/Cucumber	Chicken Pot Pie Carrots Silky Zucchini Soup	Hearty Vegetable Stew Peas Green Bean & Carrot	Turkey Meatloaf Quinoa Zucchini Creamy Carrot Soup	Shepherd's Beef Pie Baked Chicken Green Beans Coleslaw		
19	20	21	22	23	24	25
Stuffed Pork Chops Stuffed Chicken Basmati Rice Peas & Carrots Arugula w/Mandarin	Lemon Cod Balsamic Chicken Brown Rice Zucchini White Bean Veggie Soup	Turkey Rice Casserole Yellow Squash Peas n' Radish Salad	Risotto w/Vegetables Carrots Mushroom Soup	Honey Glazed Chicken Quinoa Sugar Snap Peas Mixed Greens w/Apples		
26	27	28	29	01	02	03
Hearty Mac n' Cheese Sugar Snap Peas Beet & Carrot Salad	Beef Patties Chicken w/Apricots Quinoa Yellow Squash Pumpkin Soup	Lemon Baked Tilapia Baked Chicken Basmati Rice Zucchini Coleslaw	Baked Oregano Chicken Brown Rice Carrots Zucchini Soup			
04	05	06	07	08	09	10

**All menus are subject to change due to seasonal availability, donations received or cost.**