

2024

FEBRUARY

MONDAY

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RLS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29	30	31	01 Beef Meatloaf Oregano Chicken Brown Rice Sugar Snap Peas Pumpkin Soup	02 Baked Herb Salmon Baked Herb Chicken Basmati Rice Carrots & Peas Arugula w/Blueberries	03	04
05 Turkey Coconut Curry Brown Rice Yellow Squash Lentil Soup	06 Pork Loin w/Apricots Chicken w/Apricots Quinoa Carrots Peas & Fennel Salad	07 Baked Tilapia Chicken Herbed Basmati Rice Green Beans Coleslaw	08 Tarragon Chicken Brown Rice Zucchini Creamy Celery Soup	09 Veggie Loaf w/Cheese Peas Beets & Carrot Salad	10	11
12 Tuna Patty Turkey Patty Basmati Rice Yellow Squash Greens w/Cucumber	13 Chicken Pot Pie Carrots Silky Zucchini Soup	14 Hearty Vegetable Stew Peas Green Bean & Carrot	15 Turkey Meatloaf Quinoa Zucchini Creamy Carrot Soup	16 Shepherd's Beef Pie Baked Chicken Green Beans Coleslaw	17	18
19 Stuffed Pork Chops Stuffed Chicken Basmati Rice Peas & Carrots Arugula w/Mandarin	20 Lemon Cod Balsamic Chicken Brown Rice Zucchini White Bean Veggie Soup	21 Turkey Rice Casserole Yellow Squash Peas n' Radish Salad	22 Risotto w/Vegetables Carrots Mushroom Soup	23 Honey Glazed Chicken Quinoa Sugar Snap Peas Mixed Greens w/Apples	24	25
26 Hearty Mac n' Cheese Sugar Snap Peas Beet & Carrot Salad	27 Beef Patties Chicken w/Apricots Quinoa Yellow Squash Pumpkin Soup	28 Lemon Baked Tilapia Baked Chicken Basmati Rice Zucchini Coleslaw	29 Baked Oregano Chicken Brown Rice Carrots Zucchini Soup	01	02	03
04	05	06	07	08	09	10

All menus are subject to change due to seasonal availability, donations received or cost.